



## SERMON DISCUSSION PARTICIPANT'S GUIDE

*Find Your Why | Keith Simon | September 20, 2026*

**Opening Question:** If you suddenly had an extra 5 hours a week, what would you spend them doing? Why?

### Experiments Review

- How did the workbook go last week? What was the experience like for you?
- As you worked through the reflections, was there anything you learned or noticed about yourself? About God?
- Was there anything from last week that prompted you to take a step, big or small, that you felt God was leading you toward?

### Sermon Discussion

1. Keith said, "We all need a reason to live beyond ourselves."

What do you think people are tempted to look to for a "reason to live?"

**Romans 1:21-23:** "They neither glorified him as God nor gave thanks to him... and exchanged the glory of the immortal God for images."

2. Keith said, "We are all going to live for something. If we don't live for God, we will live for something else. Instead of glorifying God, we glorify something else." He identified four idols we tend to live for instead of God:
  - **Money:** financial wealth & the accumulation of resources
  - **Power:** control over others & commanding position
  - **Pleasure:** feeling good
  - **Respect:** admiration of others & approval from peers

Which of these is easiest for you to recognize as a temptation in your own life? What does that look like for you in practice?

**Colossians 1:16:** “Everything was made by Him and for Him.”

**Isaiah 43:6-7:** “I will say to the north and south, ‘Bring my sons and daughters back to Israel from the distant corners of the earth. <sup>7</sup> Bring all who claim me as their God, for I have made them for my glory. It was I who created them.’”

3. What do you think these verses tell us about why we were created?
4. Keith said, “You were created on purpose for a purpose. God created us for his purpose. You don’t choose your own purpose. That comes from God.”

How does this understanding of purpose differ from the way our culture typically talks about “finding your purpose”? How might it change the way you think about your own life?

**1 Corinthians 10:31:** “So whether you eat or drink, or whatever you do, do it all for the glory of God.”

5. What is one ordinary part of your life where it might be easy to forget that you can glorify God?

**Romans 4:20:** “Abraham never wavered in believing God’s promise. In fact, his faith grew stronger, and in this he brought glory to God.”

6. How did Abraham’s faith bring glory to God? What do you think the connection is between trusting God and glorifying God?
7. Is there an area where trusting God right now - especially with his timing or his provision - could actually be an act of worship for you?

### Sharing and Prayer

- Share an area of your life where you would like God to help you trust him more fully as a result of tonight’s conversation.
- Spend time praying for one another: that God’s Spirit would be at work in our hearts to trust him more fully and to glorify him, rather than ourselves, in the things that we shared.
- Two options for sharing and prayer:
  - Consider breaking up into groups (men and women; groups of 3-4; etc.) so that everyone has an opportunity to share and be prayed for individually.
  - If your group is small enough, have everyone pray for the person on their right or left, specifically praying for what they shared.

### What to do for next time...

- Read and answer the daily workbook pages for week 2 on *Find Your Why*.
- If meeting in two weeks, also do the workbook pages for week 3 on *Live Out Your True Identity*.